

australia

OCTOBER 2012

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A GOOD HAIR DAY EVERY DAY

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'We don't always like each other'

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2012 HEALTH & WELLBEING WEEKEND

adp

DEEP PLANE FACELIFT

WHAT IT IS FOR: This technique tightens and re-anchors underlying facial tissues, producing a more natural look and longer-lasting results.

HOW IT WORKS: Tightening the “SMAS” layer (superficial musculoaponeurotic system) is the key to all facelift procedures; however, in traditional facelifts, the SMAS layer is not freed from the deeper tissues, meaning that the power of the lift may be restricted. With the Deep Plane facelift, the surgeon dissects below the SMAS layer, releasing it completely from the underlying muscles and allowing for a greater lift. The mid-face fat is then freed completely by dividing the cheek ligaments, which tether it to the cheekbones beneath. Once this is done, the whole face can be lifted vertically. The now mobile SMAS layer can then be re-anchored higher up the face.

RESULTS: As the procedure involves limited dissection under the skin, it preserves the lymphatics and minimises swelling. This lift creates a long-lasting improvement to the jawline, neckline and cheekbones; there is no pulled appearance, since the whole face is evenly lifted.

COST: \$20,000-\$30,000

DOWNTIME: Two weeks

VISIT: drmarcells.com.au

THE FRAXEL/THERMAGE COMBO

WHAT IT IS FOR: A powerful skin-renewing boost. The combination of Fraxel laser with Thermage acts to tighten, contour and improve skin texture by stimulating collagen production.

HOW IT WORKS: Fraxel targets sun damage, melasma (skin discolouration often associated with pregnancy or oral contraceptives), open pores and wrinkles and also helps improve texture and tone. It works by emitting thousands of pinpoint columns of fractional light that target damaged collagen. New cells form in the healing process resulting in smoother, softer skin. With Thermage, a single treatment tightens existing collagen and stimulates new production. Results are immediate and continue to improve for six months. Thermage can take up to two hours to complete the 900 shots for a full face. Pain can be a little intensified around the jawline so a mild oral analgesia is recommended. After the Thermage portion of the procedure is completed, compounding anaesthetic gel is then applied to the face for one hour to prepare for Fraxel which takes around 30 minutes.

RESULTS: Skin looks refreshed and refined.

COST: \$3500 **DOWNTIME:** None **VISIT:** theclinic.net.au

Australians are now spending around \$1 billion a year on cosmetic surgery and treatments, with breast augmentation and liposuction the most common procedures*

