



nose

# A FLAIR FOR NOSTRILS

SYDNEY ENT AND FACIAL PLASTIC SURGEON **DR GEORGE MARCELLS** EXPLAINS HIS TECHNIQUES FOR CORRECTING OVERLY FLARED NOSTRILS.

Actual patient of Dr Marcells

One of the most troublesome areas of concern for many people is their nose – and these concerns can be many and varied. One particular problem which can greatly affect a person's confidence is large or flared nostrils.

Large nostrils can be a major concern for both men and women. They can make a person feel self-conscious about their appearance and as a result greatly inhibit their social interaction.

Large or flared nostrils may be hereditary and are found in all racial groups. However, flared nostrils in particular are common in certain ethnic groups such as Asians, Africans and Aborigines.

Normal nostrils usually show about 3 to 4mm on a profile view – more than this can make the nostrils look unsightly. As mentioned above, excessive view of the nostrils can be hereditary but it can also be a complication of previous rhinoplasty surgery where removal of too much cartilage from the nasal tip has created nostril rim retraction. Lack of support of the tip may also expose the nostrils by causing a hanging columella.

In my years of performing this type of surgery I have been constantly analysing my results to achieve the best outcomes. My practice has evolved from performing primary rhinoplasty for cosmetic and functional reasons to include many revision procedures to reconstruct noses

after injury or previous surgery by another doctor that has been unsuccessful.

I use 'structured tip refinement' techniques that involve minimal removal of cartilage to stabilise the nasal tip and prevent and correct nostril rim retraction. The patient's own cartilage is sometimes used as grafts to restore a natural shape to nostrils.

These techniques not only correct the nostril deformities in revision cases but they also prevent them from occurring in the first place in primary rhinoplasty.

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These manoeuvres can also be used to fix hereditary excess nostril view. Overly wide nostrils may require the removal of skin by small incisions which are well hidden in the nostril creases.

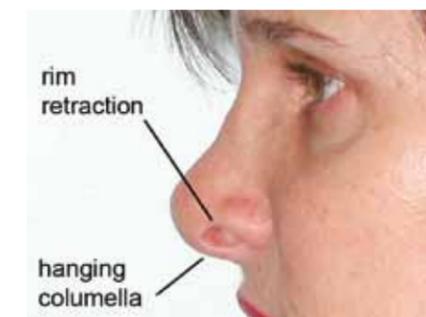
The results of these surgical techniques make for happy patients with natural-looking noses, as evident in the case studies on the following page. **acsm**



BEFORE



AFTER rhinoplasty by Dr Marcells



BEFORE



AFTER rhinoplasty by Dr Marcells



BEFORE



AFTER rhinoplasty by Dr Marcells



BEFORE



AFTER rhinoplasty by Dr Marcells