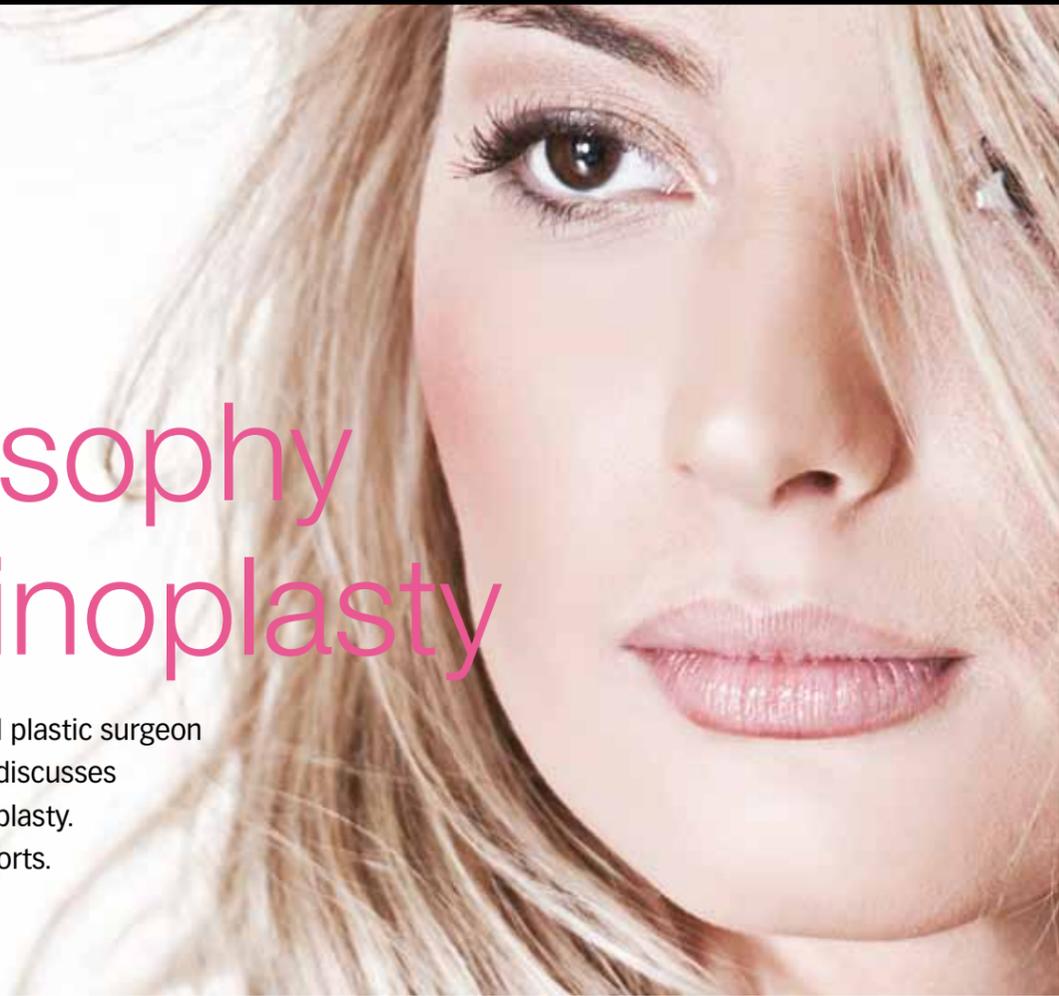




nose

philosophy of rhinoplasty

Sydney ENT and facial plastic surgeon **Dr George Marcells** discusses his approach to rhinoplasty. Lauren Alexander reports.



According to Sydney ENT and facial plastic surgeon Dr George Marcells, rhinoplasty surgery can be a life-altering event. When people have a nose they don't feel comfortable with their whole life, or have injured their nose at sport or through an accident, cosmetic and functional nose surgery can offer a solution. It can enhance confidence and self-esteem, and often improves breathing and sinus problems as well.

The nose is the centre of the face and a key feature in everyone's appearance. Abnormalities of the nose tend to detract attention from other features of the face such as the eyes or cheeks.

'Rhinoplasty can enhance self-esteem and improve breathing and sinus problems as well'

Balance and harmony are therefore key issues. It is important the nose is harmonised with the rest of the face for optimal results. Excessive features such as a large bump, a bulbous or droopy tip, a crooked nose or too much view into the nostrils can look aesthetically displeasing. Correcting these excessive or unsightly features can de-accentuate the nose and restore harmony to the face.

In addition, people of different ethnic origins sometimes have varying concerns and as a specialist ear, nose and

throat surgeon Dr Marcells is recognised as an expert in 'ethnic' rhinoplasty. He commonly sees patients from ethnic backgrounds including those with 'Grecian' or 'Roman' noses as well as the 'Asian' nose.

Dr Marcells says nose surgery can correct functional breathing problems as well as the aesthetic appearance of the nose. He uses techniques based on open-structure rhinoplasty, which are more demanding on the surgeon and take longer than other rhinoplasty methods to perform.

Dr Marcells believes these techniques help to ensure the basic foundation of the nasal structure is kept strong and ensures a predictable shape to the nose that will resist collapse, maintain a natural-looking shape and also improve breathing and sinus problems.

When consulting with a patient who wishes to undergo rhinoplasty, Dr Marcells conducts a thorough history and examination of the nose, both internally and externally. Computer imaging technology is used to help design the new nose in harmony with the face and show the predicted appearance. Dr Marcells says that patient education is paramount and patients should be fully informed about surgery, recovery and potential risks and complications.

For many patients their greatest fear of rhinoplasty is that their nose will collapse or look artificial or 'operated on'. Dr Marcells believes that with meticulous planning and assessment, a natural philosophy and techniques based on open-structure rhinoplasty, these fears can be allayed and a natural-looking result achieved. **acsm**

Case study

This patient underwent rhinoplasty surgery performed by Dr Marcells using the 'open structure' technique. She presented with a large bump on her nose and an excessive view of the nostrils. Her nasal bridge and tip were restructured to correct the bump and excessive nostril view. The result is an elegant, natural-looking profile, designed in harmony with her other facial features to enhance her overall appearance.



BEFORE



AFTER rhinoplasty surgery by Dr Marcells



BEFORE



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BEFORE



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