



nose

ski slopes
are out,
elegance
is in

Balance, harmony and elegance are essential for natural-looking rhinoplasty results, says Sydney ENT and facial plastic surgeon **Dr George Marcells**. Tara Casey reports.

When you've had a nose you don't feel comfortable with your whole life or have injured your nose at sport or through accident, cosmetic and functional nose surgery offers an effective solution.

Rhinoplasty surgery can be a life-altering event. It can enhance your confidence and self-esteem, and often improves breathing and sinus problems as well.

Traditional rhinoplasty techniques can leave the nose looking artificial with a 'ski slope' appearance of the bridge and unsightly view of the nostrils as well as breathing problems. The emphasis today is on an elegant, natural-looking nose in harmony and balance with the rest of your face.

'The nose is the centre of the face and therefore a key feature in anyone's appearance,' says Sydney ENT and facial plastic surgeon Dr George Marcells. 'Abnormalities of the nose tend to detract attention from other facial features such as the eyes or cheeks.'

It is important that your nose is harmonised with the rest of your facial features for optimal results. Excessive features such as a large bump, a bulbous or droopy tip, a crooked nose or too much view into the nostrils can look unsightly. Correcting these cosmetic concerns can de-accentuate the nose and restore harmony to the face.

People of different ethnic origins also have varying concerns and Dr Marcells is recognised as an expert in 'ethnic' rhinoplasty. He commonly sees patients from all ethnic backgrounds, including those with 'Grecian' or

'Roman' noses as well as the 'Asian' nose.

To attain a natural-looking, elegant nose Dr Marcells uses techniques based on 'open structure' rhinoplasty. These techniques are more demanding on the surgeon, however Dr Marcells believes they help to ensure the basic foundation of the nasal structure is kept strong. In turn, this helps to ensure a predictable shape to the nose after surgery that will resist collapse, maintain a natural shape and also improve breathing, he says.

'In addition to improving the nose's aesthetic appearance, functional breathing problems can also be corrected through open structure rhinoplasty surgery,' says Dr Marcells.

Dr Marcells and his staff undertake a comprehensive consultation with each individual patient which includes a thorough history and examination of the nose, both inside and out.

The latest computer imaging technology is used to help design your new nose in harmony with your face and show you your predicted appearance.

Patient education is paramount and you should be fully informed about your surgery, recovery and potential risks and complications.

'A patient's greatest fear after rhinoplasty surgery is that their nose will collapse in, or look artificial or "operated on",' says Dr Marcells. He believes that with meticulous planning and assessment, a 'natural philosophy' and techniques based on open structure rhinoplasty, these fears can be allayed. **acsm**

Case studies

All three patients have undergone rhinoplasty surgery performed by Dr Marcells using 'open structure' techniques. In each case the nasal bridge and tip have been restructured to create the new nose. The three new noses are slightly different to each other and have been designed in harmony with each patient's individual face. All three noses look very natural, elegant and 'unoperated'.



BEFORE



AFTER rhinoplasty by Dr Marcells



BEFORE



AFTER rhinoplasty by Dr Marcells



BEFORE



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